

Mind Body Presenter Schedule

This schedule is tentative and subject to change. Check back during the conference for the current schedule.

Friday

6 PM – 6:45 Pm

Zora Coeur de Roy – Biodanza, the poetry of human encounters

Zora has been facilitating weekly Biodanza sessions and weekend workshops in the Bay Area and abroad for the last 17 years. <https://www.facebook.com/zora.coeur>

7:00 PM – 7:25 PM

Daniel L. - Attraction & Manifestation Power up!

Danny guides you through a profoundly immersive mind-body-spirit healing, expression and manifestation journey. His group and personal sessions integrate mind-body, movement, voice, chi gong, prana and energy healing, dreaming and a sound bath. All for opening, connecting and empowerment. Free personal sessions at Booth 232 during the expo. RiverofLightMassage.com.

8 PM – 8:45 Pm

Zora Coeur de Roy – Biodanza, the poetry of human encounters

Saturday

10:30 AM – 10 55 AM

Daniel L. - Attraction & Manifestation Power up!

Armineh Turgeon - Dance Your Limitless Self

Armineh, a certified energy and frequency medicine practitioner. I also experience life through dance, choreography and directing. Bringing these two worlds together, Dance Your Limitless Self technique has been created.

www.Illuminationwithin.net

<https://illuminationwithin.net/events/dance-your-limitless-self/>

11:00 AM – 11:45AM

Klare Lim - Gentle Yoga

Klare is a 200HR Yoga Instructor and Accessible Yoga Ambassador who believes in making yoga accessible to all bodies, all abilities, all ages, and gender.

<https://instagram.com/love.yoga.joy>

Edward Willey - Fortify Your Body With Vitamin Qi

Edward holds a 2nd degree black belt in Aikido and has been a teacher of Sheng Zhen Meditation since 2008. Come practice with him! aikicruz@hotmail.com

12:00 PM– 12:45 PM

Laurel del Camino - Breathe-Move-Grow-Connect Workshop

Laurel uses her education in Exercise Sport Science, Yoga and Yoga Therapy, to facilitate your connect with your higher self and inspire curiosity for personal transformation.

<https://www.instagram.com/allways.evoving/>)

12:30 – 12:55

Daniel L. - Attraction & Manifestation Power up!

1:00 PM– 1:45 PM

Christine Tulis & Kem Stone - Healing Harp Immersion

Christine and Kem love to create sacred music and mystical poetry experiences that transport their listeners to inner realms of the heart and soul. They have shared their unique sound coast to coast. <https://christinetulis.com>

Renée Benmeleh - Vocal Drop-in Play Space

Renée brings over 20 years of world music and vocal performance experience as a seasoned vocalist, improviser, sound nourishment practitioner, and musician, and ritual leader. She leads workshops and events using mindfulness practices, vocal and movement games, and improvised melody/rhythm games, in an accepting, and caring environment that supports vocal exploration and the expression of your authentic sound.

www.sound-nourishment.com

2:00 PM – 2:45 PM

Pollyanna Bush - Circle Singing

She is an artistic and healing paths of musicians, creators, communities for 35+ years, Leading people to use the sacred act of music-making as an expression of love, healing, transformation.

<https://www.pollyannabush.com>

Aaron Parnell - Posture Optimized Yoga--Fit, Flexible and Fabulous

Aaron is an Olympic Sports Therapist, and the Founder of the Posture Genius Club in San Mateo, CA, Parnell is committed to restoring your vitality by improving your posture. For more information see:

<http://www.ThePostureGenius.Club>

<https://theposturegenius.club/#/>

3:00 PM – 3:45 PM.

Daniel L. - Immersive Chi Gong, Energy Healing & Sound Bath for Health, Vitality and Manifestation.

4:00 PM– 4:45 PM

Renée Benmeleh - Vocal Drop-in Play Space

Edward Willey - Fortify Your Body With Vitamin Qi

5 PM to 5:45 PM

Evelie Delfino Sâles Posch - Healing & Joy of Music with Evelie

Evelie is a devoted enChantress in 34 languages, Certified Sound Therapist, songwriter, teacher, and magical activist. Evelie's music ministry brings her to assisted living, memory care and rehab centers, hospitals, retirement homes, and even prisons

Eveli511@gmail.com,

<http://www.facebook.com/evelie.posch>

Klare Lim - Gentle Yoga

6:00 PM - 6:45 PM

Christine Tulis & Kem Stone- Sound Temple - Music For An Inner Journey

Edward Willey - Fortify Your Body With Vitamin Qi

7:00 Pm – 7:45

Evelie Delfino Sâles Posch - Healing & Joy of Music with Evelie

Aaron Parnell - Posture Optimized Yoga--Fit, Flexible and Fabulous

Sunday

11:30 AM – 11:55 AM

Daniel L. - Attraction & Manifestation Power up!

12:00 PM – 12:45 PM

Klare Lim - Gentle Yoga

Edward Willey - Fortify Your Body With Vitamin Qi

1:00 PM– 1:45 PM

Aaron Parnell - Posture Optimized Yoga--Fit, Flexible and Fabulous

2:00 PM – 2:45 PM

Renée Benmeleh - The Integrated Voice

Klare Lim - Gentle Yoga

3:00 PM – 3:45 PM.

Daniel L. - Immersive Chi Gong, Energy Healing & Sound Bath for Health, Vitality and Manifestation.

3:00 PM to 3:25 PM

Kim Peirano - Transforming Pain with Curiosity

Dr. Kim Peirano, DACM, LAc is a licensed Acupuncturist, Intuitive Healer and Educator practicing in San Rafael, CA. Learn more about her practice at [lionsheartwellness.com](https://www.lionsheartwellness.com)

Website: <https://www.lionsheartwellness.com/>

Facebook: <https://www.facebook.com/lionsheartwellness>

Tiktok: @lionsheartwellness

Instagram: [instagram.com/lionsheartwellness](https://www.instagram.com/lionsheartwellness)

4:00 – 4:45 PM

Aaron Parnell - Posture Optimized Yoga--Fit, Flexible and Fabulous

Edward Willey - Fortify Your Body With Vitamin Qi

5 PM to 5:45 PM

Renée Benmeleh - The Integrated Voice